

Cornerstone Endodontics, PC, was founded in 2001 by Dr. Jeri Rush to provide excellence in root canal treatment for Lincoln and the surrounding area.

Cornerstone Endodontics can be thought of as an extension of a patient's primary dentist specializing in root canal treatment and using state-of-the-art technology, including microscopic magnification, ultrasonic instrumentation and digital radiographs.

Dr. Rush works closely with an extraordinary staff of two dental assistants and one office administrator at 5733 S. 34th St.

cornerstoneendo.com

Helping Hands, 15 years

Helping Hands had its first customer in January 2001 and has provided services to clients in and around the Lincoln area ever since.

Helping Hands provides cleaning, organizing and de-cluttering, sorting and downsizing and packing services, and errand services to a wide range of clients. If you need a helping hand, the company can help. Helping Hands is a small company -- with three permanent employees and their families -- working with clients. Dianna Jewell is the owner.

402-770-6486

Learning Connections, 10 years

Learning Connections Inc. will be 10 years old this month. The company was formed by veteran Lincoln teacher Judy Guenzel, who works with a creative team to write, produce and sell literacy kits for children from birth to fifth grade.

Bringing parents into the learning process is a primary objective of the company and its products. Specific kits address many important learning skills, as well as some behaviors such as being active, healthy eating and bullying. The company has sold more than 23,000 kits in 41 states.

learningconnectionsweb.com.

Proformance Physical Therapy and Sports Rehab, 10 years

Proformance Physical Therapy and Sports Rehab, PC, is an outpatient orthopedic and sports rehabilitation physical therapy clinic at 4220 Lucile Drive. The business provides physical therapy services following surgery, musculoskeletal injuries, sports injuries, pre- and post-natal pain, workplace and motor vehicle accidents.

Proformance was founded in 2006 by Staci Bornschlegl, PT, DPT, and Matt Bornschlegl, PT, MPT, CSCS. The practice moved to its current location at 77th Street and Pioneers Boulevard in 2012 and employs 21 full-time and part-time workers.

proformancetherapy.com

Open Doors Computer Services, 10 years

For the past decade, Open Doors Computer Services has provided Lincoln homes and businesses with computer repair, network support and technology solutions. Do you need a new keyboard or a screen replaced on your laptop? Are you a small business in need of a network setup? ODCS can help.

ODCS was founded by Robert Danner in 2006 and is at 27th and O streets in Lincoln. Danner and his employees are always ready to provide service of the highest quality.

www.ODCS.biz

Madonna ProActive, 10 years

Madonna ProActive celebrated its 10th anniversary on Jan. 25 with a ribbon-cutting with the Lincoln Chamber of Commerce.

Located at 56th Street and Pine Lake Road, Madonna ProActive is Lincoln's first medically based health, fitness and wellness facility. Members have access to cardio, strength training and free weight equipment, group exercise classes and swimming pools.